

# healing GARDENS

A healing garden is one element of “creating a healing environment of comfort, peace and support” for our patients and families.

Healing gardens create areas for safe seclusion as well as social interaction to help think and work through feelings associated with illness or depression.



## FUNDING PRIORITIES

- Patio furniture/tables with chairs/ umbrellas/benches/sculptures  
\$600 – \$1,000
- Seasonal plants: \$2,000
- Outdoor lighting for garden areas  
\$2,000– 5,000
- Indoor water features  
\$500 – \$1,000
- Outdoor water features  
\$1,000 – \$25,000
- Gazebo: \$6,000
- Outdoor patio garden for Francis Marion Manor  
\$30,000
- Greenhouse for behavioral health in Russell County  
\$15,000

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# *pet* THERAPY

Pet therapy is an organized program that brings specially trained dogs into healthcare facilities to visit with hospitalized patients.

The program exists to aid in creating “an environment of comfort, peace and support” for our patients.

It consists of certified pet therapy dogs and their owners, also called “handlers.” We have both purebred and mixed breed dogs that have all passed the testing and evaluation required for certification.

Pet therapy dogs help bring loving care to health care.

## FUNDING PRIORITIES

- Dog grooming items  
\$100 annually
- Totes for pet therapy visits  
\$500 annually
- Pet therapy vests  
\$200 annually
- Business cards  
\$100 annually
- Toys to give with each visit  
\$200 annually
- Display Board to educate about benefits of pet therapy  
\$500 annually
- Education in-services for pet therapy handlers  
\$500 annually

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# pastoral CARE

Mountain States Health Alliance's Pastoral Care Department provides emotional and spiritual support for patients, families and team members as part of the Patient-Centered Care approach to healing of the mind, body and spirit.

Support is offered empathically through a welcoming presence and active listening, which encourages the discovery of hope in the midst of uncertainty.



## FUNDING PRIORITIES

### SPIRITUAL CARE FOR PATIENTS, FAMILIES AND TEAM MEMBERS

- Prayer Garden with prayer stations and labyrinth at JCMC – \$5,000
- Flat screen TVs for chapels for meditation channel/music – \$2,500 – desired quantity: 5
- New worship hymnals (200 for 15 sites) – \$3,000
- Handmade hanging quilts for chapels with spiritual themes – \$2,500– desired quantity: 5
- Music systems for hymns and other sacred music – \$2,500– desired quantity: 5
- Camera for recording of Chapel Reflections to play on Spiritual Care Hospital Channel for patients – \$2,000
- Development and Maintenance of team member “Faith Channel” with features like team members answering the question, “How does my faith inform my work with patients?”
- Inspirational Reflections, relaxation techniques, etc. – \$8,000

### EDUCATION AND TRAINING OF CHAPLAINS

- Yearly funds for 2 people to attend Ethics Conference at University of Virginia – \$3,000
- Digital date screen projector – \$1,300– desired quantity: 2
- Personal portable computers for training and webcam conferences throughout Mountain States system (desired quantity 10 x \$1,000) – \$10,000
- Annual Endowment for spiritual care/ethics conference – \$5,000/year

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# *parish* NURSE PROGRAM

Donations allow us to offer Parish Nursing, a program designed to take health care, with an emphasis on spiritual care, into the church.

Functioning as a member of the ministerial staff, the Parish Nurse acts as counselor, educator and nurse by identifying needs of the congregation, coordinating health screenings, providing educational programs, and supplying health literature and referral to, or direct provision of, supportive services.

Your dollars also help underwrite funding for churches that are financially unable to afford a parish nurse.



PARISH NURSE  
PROGRAM  
Mountain States Health Alliance

## FUNDING PRIORITIES

- Program Expansion – \$8,000
- Health Fairs – \$2,000
- Screenings – \$2,000
- Community Educational Programs – \$2,000
- Continuing Education and Retreats for Parish Nurses – \$6,000

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# Helping HANDS



## FUNDING PRIORITIES

Helping Hands is an exciting new program that receives its funding entirely from contributions made by team members into the Mountain States Foundation. The funds are used to assist patients and families who are truly in need at Johnson City Medical Center and other Mountain States facilities. The JCMC Advocates are the gatekeepers of this new program at JCMC and are responsible for distributing the available assistance to patients and families in a variety of ways such as Accommodation Vouchers and Gas Cards. Prescription assistance is also available for patients through the Helping Hands Program by contacting Social Work.

The following are notes received from Advocates upon giving patients and/or their families assistance through the Helping Hands Program. Patient names have been removed to honor their privacy.

- I gave a cab voucher to a female patient in the ED. She is elderly, lives alone, has no family and seems isolated. She said she did not have anyone to pick her up and was without funds. Casey, Advocate.
- I gave a taxi voucher to a female patient in the ED with few emotional resources or ability to manage life. No money, no friends, no way to figure out how to make better things happen for her. Lynne, Advocate.
- Social Worker, Amanda, requested a gas card for a patient from 2400 to drive to the Salvation Army where he and his family will stay because they are homeless. Lisa, Advocate.
- I gave a gas card to a patient in the ED tonight. The patient and her husband tried for over an hour to get in touch with someone to come and get them. They finally spoke with their son on the phone and he said he didn't have enough gas to come pick them up, get back home, and then go to a doctor's appointment the next morning. The patient and husband only have \$2 with them and the cab would have been more than \$25. The patient's nurse, April, started to give them the \$10 she brought for her lunch, but I told her we could help with the gas card. Laura, Advocate.

## FUNDS TO PROVIDE:

- Accommodation vouchers
- Gas cards
- Prescription assistance
- Meal vouchers
- Taxi vouchers

## ANNUAL FACILITY NEEDS

- Johnson City Medical Center – \$15,000
- Indian Path Medical Center – \$10,000
- Sycamore Shoals Hospital – \$4,000
- Johnson County Community Hospital – \$3,000
- Smyth County Community Hospital – \$5,000
- Russell County Community Hospital – \$3,000
- James H. & Cecile C. Quillen Rehabilitation Hospital – \$2,000
- Johnston Memorial Hospital – \$2,000
- Woodridge Hospital – \$1,000
- Franklin Woods Community Hospital (opening 2010) – \$1,000

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